

CENTRE OF THE UNIVERSE

There are many components which combined produce that what we know as our Universe. Quantum mechanics and the Newtonian physics create a universal picture on a very small and on a large scale. But is it possible to look at the Universe in a way different than the size of its components?

It must be possible. Our experience as human beings is much richer than just perceptions of how objects look like and behave in front of our eyes. First of all we know that we are alive, that we have feelings, sensations and that we can think. How these powerful common experiences of all human beings are related to by the two sciences we referred to above? The way they are understood today, the Newtonian physics and quantum mechanics have next to nought to say about the nature of life, feelings and thinking. Quantum mechanics is still developing and today and in their experiments, scientists make a connection between the intentionality of the observer and the physical phenomena observed in their experimental chambers. But it is safe to say that both sciences (especially the Newtonian physics) describe the physical (external) dimension of the Universe, whereas our human experiences belong to an internal dimension of being, which of course must be a part of the whole Universe as well. And although early scientific breakthroughs into the internal dimension of being have been made, especially in the area of feelings, intentionality (as mentioned above) and understanding how life manifests in the living things through biology, much more research is needed in the area of nature of life, nature of thinking and consciousness. The whole area of human psychology has been only 'scratched' so far by the western sciences.

When we think of the Universe we usually try to imagine the infinity of space, movements of stars and galaxies. But do we know that within our bodies we contain 'stars' and 'galaxies' or their equivalents? Facts like that are not easy to understand by an average person simply because our sciences still do a very poor job in comprehending them themselves. For better answers to questions of this nature we have to turn to spiritual sciences, which have been accompanying humanity since time immemorial. We have written records of ancient wisdom in many quarters of the world, the records that have been mostly rejected by the modern science because they are 'impossible' to comprehend. It is quite easy to see why the modern minds, trained in thinking about the physical dimension of our Universe only, find it impossible to understand the notions related to the internal dimension of being and of the Divine Being.

The phenomenon of life in the Universe needs to be investigated from many different perspectives. What we know about life today is how it is being

propagated. But the issues of interest go much further than that; there is, for example, a very important question of the origin of life. How life started and, even more importantly, why? Similarly, on the question of the mind, thinking, comprehension and different levels of consciousness—they are absolutely paramount for our understanding of ourselves, our place in the universal order and the reason for the existence of the Universe in the first place. In this day and age, we should at least be able to grasp that we, the human beings, are not the centre of the Universe. As it happened in the sixteenth/seventeenth century Europe when the scales were tipped from the view that the planet Earth was the centre of the Universe to that that it was orbiting the Sun together with other planets, now we should be considering a position that human beings are the expressions of a certain middle range of consciousness frequency band and that we are definitely not the highest achievement of the universal life expression. In this sense we, the human beings, are not the centre of the Universe, regardless of what any individual may feel about it.

It is easy for us to distinguish the beings who share our space, and about whom we could say that they possess a lesser level of consciousness than the human beings, for example minerals, plants and animals. It is impossible though, without a hint of spiritual understanding, to know who is on a higher level of consciousness than ours. And again, even if we were told who is—being totally spiritually unprepared—we would not believe. Such is the indoctrination in the world of human thinking. Without a spiritual understanding, we live in a cage of a very rigid worldview and propositions from outside of this cage seem simply preposterous.

One way of attempting to comprehend how human beings fit into the universal whole is by applying analogy when thinking about the processes and functions we encounter in the Universe and in our own lives. The spiritual literature tackles this issue from different angles, for example, Hindu gods Brahma, Vishnu and Shiva, represent the Creator, the Preserver and the Destroyer divine forces existing in the Universe. In our human lives we also find processes of creation, life and death. In the Christian theology, the Holy Trinity: Father, Son and the Holy Spirit, represent the creator, mind and life or as some other interpretations say: the Source, Light and Love, where Light and Love are understood as universal forces of consciousness and attraction rather than simply light and love. People can find all these elements in their own natures—in their internal psychological and physiological processes.

God is our Creator—a human being can be a creator too, just on a different scale. God consists of a great Divine Mind—we have minds as well. God keeps all creation together through the universal forces of attraction—we too participate in life scenarios which make sense, have continuity and do not disintegrate without a universal cause. In this context we humans are part of God's creation, we are part of God. But let us not make a mistake of thinking that we are God; let

us make it straight—we have not created the Universe, rather the opposite is true.

Nevertheless, it is hard not to feel our own 'I', it is hard not to think that everything in our life actually revolves around our own 'I', that we are the centre of the Universe. This is a very natural experience and we cannot change it by just flicking of our fingers. What we can do, though, is to work on a deepening of our understanding about ourselves, and then the understanding of the Universe will come. We can embark on a chosen spiritual development path and this will help tremendously in our quest for a better understanding of life and the Universe. Only the expansion of our understanding through spiritual development may allow us to break free from the rigid cage of our current worldview and may give us the advantage of understanding more about ourselves, our planet and the whole Universe.