

CHAKRA MAN

**OUR COLLECTIVE HERITAGE
AND
OUR COLLECTIVE FUTURE**

*For those who are ready to embark
on the most important journey in life*

“The time for thinkers has come. Truth, independent of doctrines and time-honoured systems, knocks at the portal of humanity. Contentment with the past and the cold conventionality of materialism are crumbling away.

Ignorance of God is no longer the stepping-stone to faith. The only guarantee of obedience is a right apprehension of Him whom to know aright is Life eternal. Though empires fall, “the Lord shall reign forever”.

Mary Baker Eddy

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INTRODUCTION

The existence of spiritual science has not been acknowledged by natural sciences of the 20th century. This fact however does not mean that spiritual science does not exist; it only means that the sciences which proudly describe themselves as ‘having nothing to do with religion’ have not discovered yet what has been known to countless individuals in the long history of humanity. The natural sciences of the 20th century consider it necessary to produce the objective proofs of existence of certain phenomena in the form of physical measurements¹. It is a fact that we can measure length, temperature, mass, speed, electric current, chemical concentrations, force, and so on. However, we all know that there are many other phenomena taking place, for example, in the internal psychology of man, which cannot be measured by any instrument—but they do exist. How can we say that because we cannot measure love, it does not exist? This is, undoubtedly, a complete nonsense. But natural sciences continue their claims of all-knowing without addressing the contradictions of this kind and consequently gravely misleading people at large. Most young students of sciences today would not even enter into topics of any so-called ‘grey’ areas without demanding proofs or repeatable physical experiments giving verification to claims or hypotheses.

The natural sciences, as the name indicates, try to understand and describe the world around us, in a form of natural physical laws. This is a legitimate and very useful role for these sciences. The term ‘the world around us’ notates the use of senses such as our sense of vision, hearing, smell, taste and touch, in other words, the five senses with which human beings have been equipped to comprehend their physical environment. However, after some rudimentary analysis of the modes of comprehension we can conclude that not only the five senses have their limitations (lower and upper limits of detection) and thus providing only a limited picture of the natural world around us, but that we are also in a possession of other senses of comprehension which are not ‘physical’ in the sense that the natural sciences would be comfortable with, i.e., lending themselves to verifications by physical measurements. The workings of our mind, for example, are so complex and generally unfathomable that this essential element of our perception apparatus still escapes definition and many aspects of its operation remain in the sphere of hypotheses. The same can be said about our emotions. We feel love, hatred, jealousy, pride, inferiority, anger, grief and many other feelings and their different shades. And, yet, no one has invented a

¹ This notion is maintained by the mainstream of conservative contemporary science today. There are however exceptions to this outdated way of thinking and these alternative approaches have been promoted by a number of contemporary biologists, physicists and others who have developed more integrated thinking frameworks and were not afraid to tackle those issues, which their unenlightened colleagues would rather leave unattended. These brilliant scientists have left a treasure of their work for the next generations to develop further; names of some of them are: David Bohm, Rupert Sheldrake, Fritjof Capra, Candace Pert, Michael Talbot, and others. Readers are also encouraged to see a recent production ‘What the bleep do we know?’

meter, a physical instrument, to measure them. So, the question arises, how do we comprehend our emotions, and how do we comprehend other modes of communication (including so-called paranormal), which are beyond the domain of the ordinary natural sciences of our day?

The answers to those questions have existed for millennia. Dressed in many names, depending on the epoch, in-depth spiritual knowledge and scientific explanations of many phenomena have been accessible to spiritual adepts, people who have been able to formulate in-depth questions and have been capable of comprehending the spiritual scientific knowledge that has been available to them. Today, as a civilisation, we are ignorant of the fact that the human being has a potential to understand deep cosmic phenomena using perception tools currently hidden from natural sciences of the Western civilisation. Generally, as a global community we do not know that there is more to knowledge than what the main stream of natural sciences would like us to believe.

In the current state of humanity's psychological development, our perception of the world is fragmented; we focus on some aspects of knowledge, ignoring many others, which results in a lack of an overall understanding, even in a lack of a real objective, and the selective and biased conclusions. A higher level understanding of the hidden phenomena, giving the comprehension a better chance to be truly more all-encompassing, comes with the altered and improved way of thinking that could be called **integrated thinking** or **unified thinking** or what is popularised (but not really deeply understood) as **holistic thinking**. This exposition is written for those who are interested in the question of quality of their thinking, for people who are ready to tackle the issues of refining their instrument of intellectual perception.

The first step in our investigations is the acknowledgment and integration of Eastern spiritual sciences and those ancient texts which give knowledge about the seven-fold man or chakras operating in man. Such knowledge, though developed with different symbols and in different times and places, is also given in the Western esoteric traditions of Jewish Qabbalah, Christian mysticism, medieval alchemy, and Islamic Sufism. There exist traces of other ancient traditions deeply rooted in this wisdom such as Egyptian hermetic and Gnostic traditions, which spread around the world from the beginnings of our era (ca. five thousand years ago). Readers would do well to prove for themselves that these sources exist.

In spiritual terms we live in an era leading to unification of the world, we live in an era of synthesis; integration with Eastern spiritual sciences then is a necessary step for a fuller comprehension of the hidden truths and hidden spiritual scientific knowledge. By the term 'spiritual sciences' we denote all sciences that can be uncovered and comprehended by the subtle mind—a mind which can be acquired through the refining process of spiritual development. It is the aim of this

work to lead the reader to the comprehension of the fact that some people can and do have a more refined and subtle mode of thinking than others and that this phenomenon is not an accident of Nature.

We cannot know what is not possible for us to comprehend. We cannot blame people for thinking how and what they currently think. They always do the best they can. But, if we wish and if we are sufficiently prepared, we can be given tools to expand our horizons of thinking, so that we can become people who understand more, people who are wiser, people who will deeply understand the concept of spiritual reality, unity of consciousness, oneness, and the spiritual destiny for mankind.

SPIRITUAL DESIGN OF THE UNIVERSE

God is a living being who encompasses all creation in the Universe. God is Universe; every component of the Universe is part of God. God manifests in His creation. Through Her creation God is a living, breathing, complex and diverse Divine Entity completely unified. This means that all elements of God are working in unison, in total harmony. This harmony can be known to us as a 'peace that God gives'—a total peace of mind, thoughtless awareness, a void.

The basic elements of God's nature are Will, Consciousness and Life. And although all these three elements have different functions, they are completely unified in the God's bosom through the force of primary cosmic attraction, which is Love. Love is a force of supreme bliss and attraction. Love unfolds from Life or, we could say, exists in Life as the primary cohesion force and a guarantee of eternal continuation. Light unfolds from Consciousness and is the force of intelligence, supreme knowledge and wisdom. The physical Universe is a manifestation of a certain intention and Will of the Creator. In illustrative terms the physical world can be thought of as an enormous 'egg's shell', solidified crust, embracing the sphere of intermixed fundamental forces. The solidified crust is managed by these forces, i.e. the physical creations display varying degrees of Will, Love (feelings, creativity and unity) and Light (intelligence, conscious awareness and wisdom). The fundamental forces are eternally existent; they are present everywhere and will never cease to exist. We say that God is Omnipresent and Omniscient (all-knowing); we say that God is Love. We are all 'children' of God in a literal sense, because first an idea or concept has to appear at a non-physical level (the fundamental forces level), before it can be realised in a form and given life in a physical dimension of the Universe.

Human beings, at their current level of awareness, can only accept this 'model' of God as a great mystery. However, a possibility exists for people to consciously experience God's essence. A person can understand 'first hand' this picture of

God's Universe when he or she had broken the 'shell's' crust and dived deep into the 'egg's' inside and became closer to the Divine Being. This person thus could comprehend more than from the distance and limitations of the 'shell's' crust. As a fish swimming in the ocean is not aware that it is swimming in water, so the physical creations, 'surface crust' creations, may not understand the connections with the Source of their lives, which is hidden well beyond the visible surface and beyond their capacity to comprehend. This is the situation for ordinary humanity.

In the developing stages, initially a human person is only fractionally conscious, i.e. possess enough understanding to survive, procreate and slowly develop creative and reflective skills. However, humanity, as a species, also holds the position in the layer of conscious life, which has the potential to break the 'shell's crust' and come closer to God, closer to the essence of Universal existence. And this is the reason why the position of humanity is so special in the Cosmos. We have the capacity to liberate ourselves from the constraints of the lower level consciousness and that is the only context in which we can understand spiritual FREEDOM; in other words, we have been given a free will to decide if we want to change our level of being.

Soul in the human being is an integrated unit made of will, consciousness and life. In other words it is made of God's essence. The soul is our immaterial connection with the Creator. And it is this part of our being that is of a real significance to the conscious Universe. The forms appearing (and disappearing) on the 'shell's crust' are transient. They experience 'death' (in the language we use), because the material world is transient; it goes through cycles of creation, maturation and destruction (on many levels: individual, group, civilisation, world, and so on). Only the soul is our guarantee of immortality.

On their way up in the process of developing maturity, i.e. mental capacity, strength of will, etc., souls start from a level of total lack of conscience. It takes many spiritual aeons for this initial spark of consciousness to progress to the level of a human being. And then, continuing as soul of a human being, it acquires experience and maturity, again through many incarnations. All this leads to a break through in the level of understanding of the individual and collective life, and the soul experiences an awakening, a 'second birth' and an overwhelming yearning for the union with God. All or most of the life's lessons have been learned, the soul has developed suitable mental capacity allowing it to understand the next stage of development and enough strength to be able to go through a transcendence process prepared for it by the Almighty.

Historically, at any period of time, only a limited number of individuals living on Earth were ready to take up the challenge of spiritual transformation. These

mature people were met at some stage of their lives by their Master, or were led (by circumstances of their life) to esoteric groups, mystery schools or other situations which would reveal to them the next step in the process of their lives. However, this gradual process of maturation will be accelerated in the near future, because the whole solar system will be promoted to a higher operational frequency. This means that we **as a species** will have an opportunity to mature faster if we want to keep up with the astrological and energy changes happening in the Universe. Consequently, more people, than just some individuals, will be progressed onto a new spiral of understanding and functioning. In fact, the processes in the near future will amount to not less than a collective awakening and a collective spiritualisation of humanity. We will be transformed from **homo sapiens** to **homo 'spiritualis'**. And this is the most joyful news for humanity in the current crisis of the events on Earth.

The collective awakening and spiritualisation is necessary if we are to survive as the ambassadors of this civilisation of ours. We need to undergo a spiritual transformation if we wish to continue living a purposeful life, a life of truth, peace, creativity and constructive explorations of its potential. All this is in store for those members of the human family, who are prepared to work hard, hand in hand, and in harmony with the Universal Laws, to progress the cause of this civilisation.

OUR COLLECTIVE HERITAGE

An integration of the Eastern and Western religious, philosophical and mystical traditions leads us to the understanding of Universal Laws, which have always been and will always be in operation in the Cosmos. A deeper spiritual inquiry, reflection, and God's grace allows one to become acquainted with, and have unshakable trust in, such a knowledge. Our lives, our intelligence and our creativity have not been created by **homo sapiens**; they are part of God's Intention and the Laws which control the ways of the Universal Life. Up until now we followed the path of life prepared for us, whether we comprehend this or not, and whether we agree with this statement or not.

There is, however, another part envisaged for the human beings to play in the Cosmic events. People can choose to follow a path of self-discovery (meaning: understanding of one's inner self); instead of following the well trodden tracks written for the species as a whole, some individuals can embark on a road of discovery to find out what else could be there in store for them, apart from the common life scenarios. Such a turn of events in the life of an individual is also written in the Universal Laws, but this approach needs to be 'discovered' and desired. The person must be psychologically ready for additional challenges in life, other than the ordinary pursuits. This is the reason why the person's maturity is indispensable, in a sense that the ordinary life challenges have to become less

and less difficult, and at the point of dealing with them comfortably the individual is ready for new challenges and the life transforming revelations and transitions.

This more advanced stage in life needs to be desired, the person needs to long for such new challenges. And naturally, anyone who has not conquered ordinary life situations and has problems with successfully functioning in the society, for example, is not capable of earning an income or does not understand the meaning of family, and so on—such a person cannot progress any further, and especially on the spiritual quest of self-discovery, which we will investigate in this exposition. People like that, although important members of our society, first have to become stronger in themselves using ordinary ways available today: counselling, group work, education and job training, and so on, to become independent, successful, strong and mature members of the collective.

The path of human psychological self-discovery is written in the Universal Laws and is the next step in the evolution of humanity. This is not as much an evolution in the appearance of form, but an evolution in consciousness. We, as humanity, form a certain layer of universal awareness, and now it is time to progress to the next evolutionary layer. According to the Universal Laws, there exist multiple layers of consciousness below and above the human-occupied place. But because God's creatures can only perceive intelligences equal or lower than themselves, man thinks he is a pinnacle of evolution in the Universe. And this happens despite him seeing with his own eyes Beings much more intelligent than him. Man's range of comprehension of the universal intelligence is limited to his level. He cannot comprehend more than he has been designed (or allowed) to understand. So, despite the fact of being surrounded with various Higher Beings (visible and invisible), man still is looking for an extra-terrestrial intelligence 'out there'.

In order to progress to the next level of intelligence, man has to receive certain keys, which will allow him to understand the circumstances he has been and would be led to encounter. No correct keys can be discovered by an individual himself. This knowledge is protected, lest it will be used by immature individuals for wrong purposes. However, at any time in the history of humanity, there lived self-realised individuals and groups, who had the understanding of the keys, and these people were granted the privilege of passing this collective heritage on to the next generation of mature people, ready to embark on the path of self-discovery. We can be assured, that humanity has always been in the possession of this tremendous gift, and some citizens of Earth had the privilege to enhance their own lives and the life of their communities and the Cosmos, by becoming the evolved higher conscious beings.

We are part of a larger scheme of intelligent life, and we have been gradually led to this point in our evolution. We can become more conscious citizens of the Universe, we can partake in a much more fulfilling spiritual reality, where we will know the meaning of life and our destiny as a collective. Our lives can be

satisfying, peaceful, and full of love, beauty and harmony. This is a potential gift for us from our Creator and at the same time the object of creation.

KUNDALINI SERPENT AND THE DORMANT POTENTIAL

We are approaching a new phase in the astrological calendar. Consciousness of the Universe is evolving and our solar system will be shifted to new frequency bands in a transition of a quantum-leap type. Suddenly we will find ourselves in an environment very different from our current conditions. We 'are going to Light', as many New Age gurus say. But only those people, who understand what 'Light' means and what the principles of that new life are, will be able to enjoy functioning in this new environment.

When the right conditions are developed, in an appropriate point in time, a dormant universal power will become awakened. This power has different names in different traditions: it is Kundalini Shakti, Mother of God, Divine Mother, Female Deity, Shekinah, Divine Serpent, and other. This Divine Female principle of God exists everywhere and when awakened becomes a transforming force not only in a human person, but also in other larger astrological systems; this is because a human being is a microcosm in larger, tessellated, macrocosms, where this Divine principle operates. The Feminine aspect of the Creator initiates the transformation process and assists the system in its transcendence of the current evolutionary level.

Historically, in all past ages, humanity has produced individuals who, with the help of this Divine Serpent, were able to transcend their *homo sapiens* levels of consciousness to become *homo spiritualis*. A most notable example, undoubtedly known to every human being on the planet, was Jesus Christ, who 'showed us the way'. A charismatic and powerful leader showed, with his own example, the new model of a human person for the new humanity. Compassionate, loving all people, someone with high moral integrity, Jesus Christ is our role model for the future. Our history, literature and spiritual traditions can point to many more, spiritually developed people who also deserve to be our role models for the future.

Today, many individuals all over the world have been introduced to the Divine Science of Transformation, and have been progressing on the path of transcendence to embrace the Universal Divine. It would be of benefit to everyone and the humanity as a whole if more people became ready to embark on this journey of spiritual transformation. There are many reasons for this. First, we all, including the whole Cosmos, benefit in an event of a spiritual quantum leap to another consciousness dimension of every single person. Such a transition to a new level of understanding and functioning is heralded as a great

achievement at the cosmic level. It is an event of the order of a new star being born. Great healing and creative energies, Love and Wisdom can usually be transmitted (pulled) from the hidden, multidimensional Cosmos to our physical dimension through just the physical presence of such an enlightened person on Earth. As we know, people at the level of Christ, Buddha and many other avatars and saints, have left an undeniable imprint on global consciousness and on the directions our civilisation has taken in the past.

If Earth currently housed a larger number of enlightened people, there would be no wars, as our collective consciousness would be enlightened to the degree that violence would not be considered as a solution to today's problems. People, who are not consciously aware of the existence of integrated, peaceful resolutions to the on-going conflicts, will not be able to enter the coming new era of enhanced consciousness. Gates are not opened for people with closed minds, for people who lack an understanding of love, forgiveness, unity and compassion; such people will have no possibility of entering the new era. There are very solid scientific 'impossibilities' for violent people to enter peaceful realms of existence, and this does not need to depend on 'a whim of a capricious god'. It is the result of the Cosmic Law of attraction working justly for everyone; violent energies will enter violent realms, and peaceful energies will find home in more evolved peaceful realms.

The bigger the number of people, who will have entered on a path of true spiritual development, the better the chances of whole communities to choose the right solutions for themselves and for the global civilisation as a whole. On a great cosmic scale of development, we can really count as a planetary society if we can master the **collective transition** to new frequency bands of consciousness. And although fully enlightened individuals, usually scattered around the globe, can assist in this transition, those people who are only partially evolved need the support of a group. We need to start seeing ourselves as individuals who cannot survive without the survival of the group (in a literal as well as spiritual sense).

Life in a well functioning spiritual community can be very reassuring, very satisfying, and potentially leading to the achievements never dreamt of previously by individual people or groups of people. Most of energy available to human beings today is wasted on violence (in acts, in verbal abuse, in thoughts), on hatred and other negative emotions, on irrelevant, ignorant actions leading to disasters, on compulsive thinking, on competition and trying to 'outdo' the other, and many other activities completely useless and counterproductive to the achievement of the common good. Simplistically thinking people do not realise, that no amount of personal power or personal wealth will help them during the spiritual transition of our solar system. Money cannot buy the spiritual enlightenment. Only a personal transformation, self-realisation, aided by our Divine Mother Kundalini, can bring people to the personal knowledge of the upcoming changes and to the new wisdom of how to survive in totally new physical and spiritual environments.

As it is further explained in this work, the Universal message for the Earth's humanity is the message of love and brotherhood. We are seen as members of a larger community of cosmic beings, as brothers and sisters – benevolent at heart. If we want to become fully conscious beings, contributing to the furthering of peace and harmony in the Universe, we need to become peaceful people ourselves. What survives in the cosmos after a series of creations and destructions is that which is productive and can alone prolong existence and peaceful and creative cooperation; that which is constructive will be elevated to higher levels of existence, and that which is destructive—will fulfil its karma and will destruct itself, or will cease to exist in other ways, because ignorance cannot enter into the elevated levels of existence.

OUR BODIES

Our physical body is an external expression of some complex intelligences working behind it. For many people, the concept of having a physical body only is all they know and accept, and for a very long time in the evolutionary rise of conscious awareness, people have been identifying themselves completely with their physical bodies, that is, they have been thinking that they **are** the physical bodies.

The Eastern spiritual systems address the existence of the human physical body and a number of other subtler bodies in various ways. And the reader would benefit from studying other systems of knowledge in this regard. In this exposition we will track the existence of intelligent functional bodies, which we normally do not think of, but which nevertheless exist and fulfil the requirements for all the modes of operation in a human being. These intelligent functional bodies are the manifestations of a number of gradually refined levels of consciousness issuing forth from (or existing within) the Creator.

If we think of our physical body literally, it consists of water, minerals, oxygen, carbohydrates, amino acids and other chemicals, which form the physio-chemical human apparatus. When life withdraws from a body, the body disintegrates; it becomes just a food resource for other living creatures. So, we must conclude, that apart from a physical body we must have a life conveying sheath – **a life body**. Our life body ensures that all molecules, cells, organs and all the systems in our bodies are animated, and instead of falling into mineral-like inertia (which they normally would), they frantically work all the time, keeping the body alive and functioning. The life body facilitates the unbroken continuation of chemical reaction processes within our physical body.

Apart from a living physical organism we can also recognise in ourselves emotions – an **emotional body** – and our thoughts – a **mental body**. Emotions and rational thinking are very important endowments, but they are **not** us, in the same way that the physical bodies are not us. Emotions and thinking abilities are just the consciousness tools given to us for functioning, communication, learning, appreciation, and so on.

After some reflection we can come to an understanding that our beliefs systems, certain motives, our likes and dislikes, are actually different from emotions and mental functioning. We can attribute this type of awareness to the **soul body**. In other words, in the descending order of refined perception, the soul body is much more subtle than mental, emotional and physical bodies and equips us with the ability to distinguish what to do and what not to do. The soul body is our innate knower of what is beneficial for us and what is harmful; it is our personal recogniser of good and evil. And, in agreement with various religious traditions (including the Christian mystical tradition), it is the soul body that reincarnates from life to life. The physical, emotional and mental bodies disintegrate after the life body is withdrawn from a person; these energies, not being personalised, re-integrate with the Cosmic pool of conscious energy at their appropriate levels. However, the soul body, which forms an organised living unit and is marked by a unique personality, can continue on its educational journey throughout the Universe and accumulate experiences and lessons from each life. Our soul then, is a living spark of consciousness, which is our connection to immortality.

The bodies described above: the physical, life, emotional, mental and soul, are the gross manifestations of the consciousness of our Creator. They appear in the physical reality, as an egg shell (as illustrated before) enclosing a much finer reality. In order to be able to discern this finer reality and the intelligences operating in it, a human person needs to liberate himself (herself) from the soul body constraints and become a Cosmic citizen. It means that all the human lessons have to be learned, and all the necessary tests passed, before a person can acquire an understanding of a larger than the human reality. In such a case the person becomes a **homo spiritualis**; he or she acquires another, even more subtle body than a soul body – a **spiritual body**, which is sometimes referred to as a **Light body**.

Having a spiritual body allows us to become united with the Divine Being, we can experience total unity of creation; we can experience Divine Love and Wisdom. We will understand that, at this very fine level of creation, we are all united with each other and the Creator. We will have personal experiences of unity with other sentient beings, we will unconditionally love them, care for them, and we will understand 'first hand' the Will of our Creator. We will know that things which are designed to pass will pass, and that we are part of an enormous scheme of conscious intelligence. And the only reasonable thing to do is to know how best to fulfil our role and our duty as Cosmic citizens. We will also know what real Love is; what compassion is, and how to love so many people, creatures and

beings all at once; we will know how to conduct ourselves in a dignified and noble way, because nobility does not come with a royal birth; it comes with the spiritual maturity, Divine Love and Divine Wisdom.

CHAKRAS AT WORK

The process of a character refinement does involve becoming aware of the increasingly finer cosmic currents of consciousness and of understanding them. This refinement process brings an individual to the recognition and understanding of the Cosmic or Universal Laws. In scientific terms, the process of spiritual development of consciousness leads to the utilisation of different modes of perception and processing hidden in the human nature (and waiting to be discovered). Eventually this process brings the person to a position of comprehending more subtle truths and to the levels of understanding, which are not afforded to the undeveloped, ordinary consciousness facilitated by the ordinary perception tools.

Our humble beginnings in the development of consciousness start with a total identification with the physical body. As a baby we do not know the difference between the body and the surroundings. In the usual process of growing up we will learn to distinguish ourselves from our Mother. Later in life we will understand that feelings are different from thinking, but a certain form of identification with the physical body may continue to linger for a long time. For many people it will stay with them for their entire lives. Some people, though, will come to a conclusion at some stage in their lives that **they are not** their physical bodies. And this is the beginning of that important differentiation, for which our souls have been preparing us for eons.

All genuine ancient and contemporary mystical traditions, concerned with the spiritual development of chosen mature people, have existed in the past and are present here today for the purpose of aiding those individuals, whose consciousness has become sufficiently differentiated; these people have now found themselves in a position where they can accept a new view on reality and welcome a possibility of enhancing their individual consciousness. The time in life comes when a person, who has been exposed to a range of new ideas about knowledge, wisdom and different modes of perception, finds that this new outlook on life actually makes sense. Previously, these new notions have not filtered to this person's consciousness, and therefore he or she had not been aware of their existence, but now the person has found himself in a totally new life situation – and it is indeed a milestone in personal development. Now this person has a chance to progress further in the evolution of her own consciousness. *'An acorn has a chance to become an oak and not remain a donkey'* – as C.G. Jung commented on an advent of major life redefining situations.

Now we need to turn our attention to the cosmic intelligences related to our system of chakras². Chakras are a connection between human intelligence and various levels of Cosmic intelligences, which actually are driving a human person's behaviour and physiology. Each chakra connects the human being with a different kind of intelligence, which is of Cosmic origins. It is difficult to imagine how we could be connected to the Universal intelligence, without understanding of the nature of light, which, as a carrier of photons is actually a carrier of information. Consequently, if we realise that we are part, an intricate part, of the Universe, we will know that the Universe is not 'out there', but that we ourselves constitute part of the Universe and as a human-level layer of consciousness, we have a mathematical place in the multifarious layers of Cosmic Consciousness. A certain level of conscious energy is the fundamental feature and endowment of a human being and we can understand now how Consciousness can be a creative and a linking medium between all levels of existence within God, our Creator.

Different intelligences expressing themselves as different levels of creation manifest in the human chakra system. At one level of understanding these intelligences co-exist in the Universe as complementing elements of the overall design and they manifest in particular key areas, specific only to themselves, to direct and animate intelligent systems of the Cosmic design. On the human side of this relationship, the seven major chakras are closely related to the major endocrine glands and through those glands have their impact in the physical dimension. The chakra link allows a person to be connected to different levels of intelligence and consequently comprehend and 'represent', so to speak, those levels of existence.

Consciousness is the fabric of the Universe. Different rates of vibration of this fabric constitute the background of varying levels of comprehension; the higher the vibration, the closer the understanding is to the Divine knowledge and wisdom. The physical dimension is a manifestation of a relatively crude and slow vibration of the Universal fabric, for example, mineral materials are in fact 'consciousness solidified'. But because the Universal Being is constantly in a process of becoming and change, the mineral and plant material, as well as human bodies and solar systems, undergo a continuing change on par with the level of 'sophistication' of the overall intelligence guiding this particular level of manifestation. In the human body, the base chakra, the Mooladhara chakra, is a connection with the conscious intelligence driving all physiological processes of the body, such as cell formation and function, organ functions, and physiology of the entire body. Additionally, this chakra is also a connection with the intelligence guiding all instinctual survival mechanisms, such a fight and flight, seasonal migrations, mating and raising the young.

² The insights which will follow here have not been considered by the Western science. Esoteric spiritual science however, has existed in all genuine mystical traditions, and scientific considerations of the chakra system and its role in the transformation of human consciousness will be described in this exposition for those readers who are ready to accept such spiritual knowledge.

The second lowest chakra functioning in the human body is the Swadhisthana chakra, or otherwise known as sex chakra. This chakra's driving intelligence works in the natural world for the survival of the species, and this includes man as part of Nature. In an undifferentiated state (semi-conscious), man's destiny is the same as the destiny of the lower kingdoms of nature. In this scenario, man exists as a space filling biological creature. Only when man decides to progress further from this level of creation to a higher destination available to him – can he escape the mechanical wheel of Nature. When man matures to the point of understanding his potential in the Cosmic reality and enters the road of liberation from the shackles of lower consciousness ignorance, the Swadhisthana chakra starts operating at a different capacity and becomes a necessary instrument in the achievement of liberation, and man can stop being a passive tool in the economy of Nature.

Today the lowest two chakras function more or less unimpeded in the general humanity. We function very well as a biological species, not different in this regard from the plant or animal species. The continuation of the species is assured through the proper functioning of the Mooladhara and Swadhisthana chakras. All the remaining major chakras are blocked or only partially opened to the penetration of other cosmic vibrations of intelligence.

The Manipura chakra, located between the navel and the solar plexus, is a connection to the intelligences, which drive our emotions. This chakra is partially blocked and only a certain proportion of humanity has it working reasonably well. The so-called emotional people receive an added richness of impressions from the Cosmos. An artist's 'falling in love' is a typical manifestation of Manipura chakra at work. Happiness as well as all negative emotions such as anger, hatred, depression, and so on—all have their origin in the Cosmic currents and are being transmitted to the human person through the Manipura chakra. Some nations on Earth are collectively on a higher level of development than others, and here the cosmic yardstick is in the development and functioning of this chakra. However, we need to remember that any national characteristics of this kind have not been earned individually by the people. These nations with the Manipura chakra working reasonably well owe this to the God's Grace. Peoples in those nations represent a certain cosmic consciousness level designed to aid in the direction of the evolution of Consciousness on Earth. Those nations with better developed emotional experiences are still collectively only partially conscious and have no claim of any superiority whatsoever until these matters have been individually comprehended and acted upon by the individual people, as discussed further in these writings. In this regard all nations in the world represent the same level of development.

The higher chakras: Anahata, Vishuddhi, Ajna and Sahasrara are not opened in ordinary members of the race at this stage of development. Some people, who have been born with one or more higher chakras functioning, have been

reincarnating to continue their spiritual development quest from previous lives. There are also cases of incarnations of higher spiritual beings, who come to live here to fulfil a Cosmic assignment, significance of which is usually not recognised at the time of their sojourn on Earth. These incarnated higher beings generally have very close intuitive link with higher cosmic energies and intelligences, and their conduct may appear unusual to ordinary members of society.

The Anahata chakra allows those lucky to have it opened to experience the world of subtle emotions and unconditional love. Love conveyed by the Manipura chakra is very different from the unconditional love we feel when Anahata is functioning well. Unconditional love has often been an emotional state characteristic of saints of various religious traditions in the past. These advanced human beings had been refined to the point of receiving and comprehending the subtle Cosmic currents conveyed by the Anahata chakra. People like this were the exemplars of love and compassion; they were selfless and often involved in humanitarian work. And today we also witness the work of many compassionate people who concentrate their efforts on contributing toward the good of humanity. People who convey the currents of the Anahata chakra have progressed to a higher level of spiritual being, which is beyond the sphere of violence. Such people can clearly see non-violent solutions to any conflict—solutions, which totally escape those people who are on a lower level of chakra development.

The appearance of advanced mental faculties and talents is made possible through the workings of the Vishuddhi chakra. These faculties enable people to become GREAT composers, scientists, medics, negotiators, writers, poets, philosophers, and so on. People like Isaac Newton, Leonardo da Vinci, Copernicus, Mozart, Bach, Albert Einstein have forever changed consciousness of the human kind, because contribution of the Vishuddhi chakra-type of energies is totally revolutionary, 'out of this world', so to speak. Moreover, through the ingenious Cosmic design, on an individual level we can only benefit from the gift of a well functioning Vishuddhi chakra when we have passed through the opening of Anahata. The blessing of the possession of advanced talents is given to those people who would not use them for selfish purposes; they usually use them only to advance the race, which is the eternal plan of the Creator.

The Ajna chakra bestows on the recipients of this energy, telepathic and non-sensory impressions in addition to the sensory inputs of the ordinary mind. Additionally, the range of vision expands into regions beyond the normal spectrum of visible colours. 'The third eye' starts operating, and signs and visions, as well as the reception of knowledge not comprehended before, become part of every day experience. The person has become opened to the workings of an extended light spectrum and is in a position to understand and embrace much, much more than an ordinary member of the race.

A fully functioning Sahasrara chakra completes the total connection with that level of consciousness which is the destiny of our race at present. As we

understand in this state, we all are interconnected at various levels and the humanity's best strategy for the evolution of the individual and the collective consciousness is to follow the intuitive knowledge and to work together in unison, because our strength is in our totality. As a **collective** of advanced beings we can move on to another level of existence and leave the current dimension, which is really a stepping stone dimension for the race of humanity to undergo its developmental work. A well developed Sahasrara chakra is our portal to another dimension of eternal life.

MOOLADHARA CHAKRA

On a psychological level, the Mooladhara chakra is connecting the human system to a plane of stability, to a feeling of being grounded on Earth and being comfortable in the reality of Earth. This feeling gives us confidence that we are in the right place: on Earth, in our community, at home, with our families. There is no need to justify our existence here; we have right to be here. This is where we are supposed to be as part of the overall cosmic design.

A well functioning Mooladhara chakra connects us with the intelligence that is ruling instinctual functions in our bodies. In terms of physiology and proper instinctual reflexes, this chakra is the basis of our correct functioning in the physical, chemical and biological world of Earth. We share the Mooladhara and Swadhisthana chakras with the animal kingdom. They both are the connections with the worlds of intelligence which work towards maintaining the continuity of life on Earth.

If the work of the Mooladhara chakra is disturbed or blocked in any way, then the most basic human functioning is disturbed as well. People with such symptoms are not only uncomfortable with themselves, not knowing why they are here, and not wanting to find any answers, they may also feel dis-empathy toward other people, to the point of hating others. Such people are disoriented; they cannot find the right balance for their own functioning; they often feel disconnected from others and do not want to interact with them in fear of having to handle their own insecurities again and again.

In mild cases such people are loners, people who avoid contact with others, perhaps suffering from depression and some forms of anxiety, of which others often do not know, as these individuals prefer to suffer in solitude. Some of these people could be categorised as having border personalities, swinging from a mood close to normality to a state bordering with psychosis. This state should not be confused with an ordinary neurosis, which is a part of the experience of the majority of people.

In more severe cases these people have been diagnosed (or perhaps not yet) with schizophrenia or a similar condition, which if not treated and carefully managed has the potential to turn an innocent individual into a criminal or to lead to insanity. The transition between the two states can be 'a hair width'. If the person is not well grounded in every day reality he (or she) can momentarily lose control over their actions and be subdued by sub-terranean energies, which, existing all the time below the frequency range of humane functioning, can 'invade' the human system whenever a possibility presents itself, in this case when Mooladhara chakra is not functioning well, and the person is vulnerable to such invasions³.

SWADHISTHANA CHAKRA

The Swadhisthana chakra transmits amazing energies of the Cosmos; it has a tremendous potency, which can lead us to a spiritual liberation, but it also can be one of the most common stumbling blocks and can prevent people from that liberation, or it can even send people down the road of spiritual degradation. This chakra is transmitting creative energies of the Universe—creative energies understood wider than just sexual energies. In fact, this common perception that sexual energy is here just for procreation is the major error in thinking, an issue which has never been properly understood by the majority of people.

Yes, it is true that the Swadhisthana chakra plays an important part in the economy of Nature, because without the attraction people feel for each other, no procreation would be possible, and this is not how Nature intended. People need to come to this world and take part in the individual and Cosmic dramas, because this is the decree of a Higher Order and we can do very little about it. But, at the same time, there is much more to sexual energies of the Universe than just the procreation of the species.

Sexual energy as transmitted by the Swadhisthana chakra should be more correctly called creative or imaginative energy. The name 'creative energy' encompasses all kinds of activities driven by the impulses of this chakra. In everyday life we create in various ways; we imagine as children (drawing, painting, dancing, singing, playing), we create as students (school assignments, various craft, literary and musical creations). As adults we create in similar ways, we imagine when we deal with new and difficult problems, when we design new buildings, when we heal people of new diseases, when we solve everyday problems, which never cease to trouble us. A well operating Swadhisthana chakra is a great treasure for a person. It enables us to carry a successful life; it

³ Apart from the discussed seven chakras working in a human being there are conscious energies operating in the Cosmos above and below the human frequency ranges. Those operating below are here designated as sub-terranean energies; these have been often depicted in various forms of religion, writing and art as existing in hell.

gives us a basic ability to utilise this part of Cosmic intelligences, which allow us to have a meaningful and successful everyday life.

Creative energies of the Cosmos are actually the basic energies of attraction and our basic guarantee of eternal life. They originate in the First Source's emanation of Divine Love, but cascading down to the lower levels of creation, they become downgraded to that which the Swadhisthana chakra energies have to offer at a human level of existence. The force of attraction, in a wider sense, keeps the world together; it allows various levels of intelligence to actually integrate and function as a whole. We exist here on Earth because of forces of attraction; our cells, organs and our entire body are being kept together by the forces of attraction. Earth as a planet, as well as our solar system, galaxy, the entire Universe—are all kept together because of the same forces of attraction. It is the same for large systems and for small systems. We are a microcosm in a large macrocosm; the principles of operation are the same.

Sexual attraction is only an infinitesimal part of creative energies. But it allows for life and evolution of the species to continue. In ordinary life circumstances, apart from procreation, sexual activities are the expression of people's affection toward each other; they give extra strength to each partner and create for both of them a life on a higher level of organisation—instead of living alone, as single people, they live life together in a partnership. And this is obviously a totally different life, a life where they are required to give up some of their own egoistic needs for the sake and comfort of the partner. This level of sacrifice, though, is much surpassed by the potential opportunities which life in a partnership presents for both people.

One person alone can rarely accomplish things that can be achieved by a couple living in a relationship. When working in harmony, a tandem of people, who are dedicated to each other, can be very powerful. The sum total of creative forces of the two individuals joined together is actually much greater than the simple addition of their individual potentials. This is how the Cosmic Law works for any quantum leap transformation to a higher level of life organisation. So, a meeting of a person in life, to whom we feel seriously attracted, is a blessing and an opportunity for us to grab with both hands, so to speak. The Cosmos is giving us a chance to operate on a higher organisational level. At this higher level (and any further levels) we find additional opportunities to further progress in the quest for our spiritual development. This is the spiritual meaning and the importance of a two people partnership operating at an ordinary, healthy level of the Swadhisthana chakra. The underlying assumption here is that both partners understand this meaning in the same way; in other words, they are both at the same level of spiritual development. We need to appreciate though, that at the level of Swadhisthana chakra this height of spiritual development is quite basic, and that there is much more in store for us to achieve, but it is really hard to progress to the next level if one has not mastered the life's challenges while living in a partnership.

In life many different combinations of people come together in anticipation of a better life in partnerships. In a great majority of relationships people act on sexual impulses and emotional needs. The relationships could last for the intended 'until death us part', was it not for the different levels of psychological and spiritual development of people involved. After the initial 'wow' factor and the enjoyment of best features of partner's personality, life settles in and we start to understand that our partner is not going into a parallel direction with us. In fact, his or her attitudes and predilections take them somewhere where we do not wish to go. Instead of strengthening the bond of our tandem, we seem to be drifting apart, and this can lead to the dissolution of such a union.

There are however, much more insidious reasons for inequalities in levels of spiritual development, which in fact are quite common today. The sub-terrestrial energies, springing from the areas existing below the human level of consciousness, are operating in our world and in recent decades we have been witnessing intensification in their expression. One of the very clear signs is addiction to sex and all the manifestations of abnormality and misuse of sexual activity to harm other people, such as rape and paedophilia. The sub-terrestrial forces rule over the will of weak people, and even though many have feelings of guilt, rarely can they resist these strong forces. Milder forms of deviation are the widely spreading new forms of prostitution, where both partners are in the relationship only for sex. On the surface, people do not see the dangers of such non-committing relationships, relationships for sex only, but they do not realise that in terms of spiritual development they are actually degrading and wasting this precious opportunity given to them in the form of their own life.

All other activities 'invented' in this current civilisation, which turn people's attention toward sex, sexual images, sexual ads, sexual depravities, any group sex activities, and similar, come from sub-terrestrial pits of subhuman energy levels, and people here are just being used as puppets. Unfortunately, the spiritual level of people who are in positions of power in this civilisation has been also declining, so not only do not they realise the dangers, but many openly promote depravity in some form. One of the leading reasons is that almost anything goes if money will pay for it.

These comments should not be interpreted as notions of a restricted or a non-liberal mind—such interpretations are made to justify and allow anything to be OK—'we can do anything, because we live in a free society'! Unfortunately, such ignorance is damaging the race in irretrievable ways. Many young people follow in steps of their perverted elders, friends, and other role models, without realising that their spiritual wellbeing is being washed away, and that, if lucky, they will have to go through a re-birth and the same process of growing up again to be able to undo the current mistakes. So, through their stupidity and ignorance, people do not only hurt themselves, but also many others, as the unconscious copy-cat behaviour prevails around us.

A well functioning Swadhisthana chakra is a minimum required for a person to progress to higher levels of spiritual development. Working at this level in the process, however, is extremely challenging, as people usually do not realise all the dangers associated with the misuse of the energies of this chakra. On the other hand, if comprehended well and through following some ancient spiritual techniques, energies of the Swadhisthana chakra can be used for an overwhelming spiritual liberation, including liberation to levels higher than ordinary human levels of being, which is, in fact, a primary goal of our existence. We are here to realise our Divine nature and the eternal life in God. We are here to become more informed members of the spiritual Universe.

MANIPURA CHAKRA

The energies conveyed by the Manipura chakra draw our attention to the finer body than the physical—to our emotional body. Here we come down from a purely physical level of body to a level of chemical reactions within the body; we are concerned with molecules, their distribution in the body and chemical reactions they undergo in order to maintain functionality of the body. With them, the Manipura chakra energies bring various hues of feelings, which some people register very clearly and others are partly or predominantly oblivious to. A great variety of hormones and other chemicals circle the human body in the blood stream; sometimes they are dormant, sometimes frantically produced by the body, depending on the person's experiences and emotional states. A feeling of bliss, love, fear, hatred, jealousy, misery, depression—all are the combinations of chemical reactions within the body as responses to various life situations and emotional and mental states of a person. The energies conveyed by the Manipura chakra come from the vibrations of Cosmic substrate and they contain all possible forms capable of triggering any chemical (emotional) reaction within the body, as soon as specific responses are warranted by the person's situation.

Our feelings make us what we are—the human beings. Without feelings we would be just thinking automatons. Many people do not appreciate the fact that refined feelings can contribute to a heightened quality of life. Not only should we be cognisant of our feelings, but we should also strive to cultivate them, so that life could bring us really satisfying experiences. Artists of all ages would attest to this statement. Let us remember though that the Manipura chakra vibrations are not responsible for the creativity and imagination currents, but they can trigger inspiration and can contribute to the depth and quality of the experience.

To be a human being in a full sense of this concept we need to have the Manipura chakra working very well and be in a position to distinguish various feelings flowing through our body. We need to be conscious of those feelings, observe them, understand the intensity and be cognisant of the fact that these

feelings will come and go; we need to observe them and not necessarily act on them. We should cultivate and develop a command over our feelings to the point when WE decide what should be our response to any particular feeling, rather than allow the feelings to take over and make us do things we may later regret. Cultivating of our feelings does not mean that we should suppress feelings all together, because, say, we are afraid of them; it means that we actually become comfortable with all feelings that come to us, and we know that we have enough control not to put ourselves in compromising situations. A person who has command over his or her feelings is a person with refined perception and will.

There is a great emotional chaos in the world today, which results from ignorance about the emotional makeup of man and lack of education about, and cultivation of positive emotions. People overtaken by revenge get involved in self-destruction, war or other violent activities, thinking that it is their 'right' to avenge. Other people, greedy for power, will stop at nothing to get what they want, and here we are talking not only about ignorance of an individual, but also about a group or even national ignorance and arrogance of superiority. All these manifestations are the manifestations of gross immaturity and dangerous megalomania, examples of which we have witnessed in the past. Hitler had his notions of superiority and he also wanted to reorganise the world according to his will. Today we see very dangerous developments in the world, which in principle resemble psychotic dreams of Hitler, and, if not stopped in time, will unfortunately lead to untold suffering of innocent people, caught up in the power struggle of unscrupulous people.

All forms of duality and polarisation we witness today in the world, for example the opinions that: there are those who are better and those who are worse, there are those who have a better religion and those who have worse religion, there are those who are 'right' and those who are 'wrong', are the result of an undeveloped Manipura chakra and a lack of perspective of the Anahata chakra vibrations. **The world is not safe at this level of chakra development in man,** and unless man understands this and progresses to a higher level of spiritual development, no amount of rhetoric, negotiations or sacrifice will allow him to survive his own destructive tendencies. The tendency of blaming God for not being here to prevent disasters is, unfortunately, a very simplistic way of thinking, which only shows a complete lack of understanding of the concept of God and the spiritual reality. We need to comprehend the fact that we are part of God and it is useless for us to wait for God to come to us, because it is our task to grow up and start behaving as children and family of God worthy of that name. And for as long as we do not understand the importance of a well functioning and balanced Manipura chakra, we will continue finding ourself and the world in manic-depressive states, going out of control.

Let us understand that we are being animated by emotions all the time. Our bodies' chemistry is alive and subtle or strong emotions are changing in our bodies like in a kaleidoscope. We will do well if we pay attention to those

emotions. To develop a habit of watching television, for example, is to distract oneself from feeling one's own emotions; it is the way of saying to one's emotions: 'leave me alone, I cannot deal with you right now'. People who are serious about personal growth and understanding of their own feelings should make a commitment to find a slot of time every day to understand their emotional life and all the currents that are flowing through them courtesy of the Manipura chakra.

Perhaps the only exception here should be those people whose Mooladhara chakra has not been stabilised. The energies conveyed by the Manipura chakra are comparatively more acute than the energies of Mooladhara and could and actually do bring additional instability in a person's emotional makeup and can add to the feeling of not being grounded here. Meditation is not recommended for people who suffer from depression and the maladies of problematic handling of the Mooladhara chakra energies, because any higher energy can only be learned to be handled safely if the lower chakras are well stabilised.

ANAHATA CHAKRA

The opening of the Anahata and higher chakras usually require an initiation into spiritual mysteries, as the enhanced perception and ensuing experiences can create a lot of confusion and perhaps even life-threatening situations for the unaware. It is important to find an experienced teacher or a suitable support group, because in the development of the higher chakras we face many extremely surprising occurrences, for which ordinary lives do not prepare us in the least. We need to understand the process and its stages; we need the support and guidance of someone who has been through this process before.

Many people, who are intellectually inclined and can find information about this process in various written sources, tend to think that they have actually attained a sufficient level of spiritual development and that they do not need any teacher. This is quite typical of people endowed with the abundance of rational intelligence, people who, having confidence that their minds are working very well, and usually more efficiently than the minds of other people, do not allow one thought of a possibility of miscomprehension. The ego uses the mind to find justification or an explanation of almost anything, and arrogance does not allow too much room for humility and comprehension of the real challenges in that state. These people usually are not aware of the limitations of their own thinking; they do not know that the full experience of spiritual reality must be combined with the energies of unconditional love. Only when the spiritual experience is integrated with the feeling of Love, can it be legitimately interpreted by the mind, but the mind must come second.

Consequently, those rationally inclined people, who do not have Manipura chakra working very well and cannot make strides into the worlds of feelings conveyed by the Anahata chakra, are just deceiving themselves. Their spiritual experiences exist only in their minds, brought about by a lot of intellectual stimulation, using ordinary imaginative energies of the Swadhisthana chakra. Other people, for example those who have developed enhanced psychic abilities, also tend to place themselves in the advanced spiritual realm. Unfortunately, their claims cannot be substantiated unless their Anahata chakras start working. If not supported by a well functioning Anahata chakra, the psychic abilities, which are the result of a slightly expanded range of perceptions originated in the energies of the Manipura chakra, can cause a lot of harm to the bearer and other people, if used improperly.

When a person embarks on a road of spiritual development and the Mother Kundalini has started an ascent from the Mooladhara chakra upwards, a period of gradual adjustment to new experiences and perceptions starts. This period lasts for a reasonable time, often years (rather than months), because if the transition is too drastic and fast, it could produce some unwanted psychological instabilities. It is better to go through the process safely and take a few years longer than to be destroyed by the powerful energies, if they are introduced too early.

The Anahata chakra conveys Cosmic energies of Love, attraction and higher creativity, which can be used for advanced purposes (not necessarily for the everyday life problems solving). Cosmic energies of Love are extremely powerful and a human person with unrefined lower chakras cannot convey Anahata chakra vibrations. Until that time when a person embarks on a conscious process of developing and refining lower chakras, Anahata must be closed for safety reasons.

The feeling of Love conveyed by the Anahata chakra is an unconditional love for all; it is love for parents, children, siblings, neighbours, one's fellow countrymen and all people in the world; it is love for animals, plants and the whole world animate and non-animate. The Anahata chakra is the first ascending chakra which brings the feeling of oneness and the understanding of wholeness and integration of the Cosmos. When graced with the experience of a 'throbbing', heart-felt love for all, we come to the understanding that we form a part of a larger whole and that we are all connected; we are a legitimate part of God's design. A person with a well developed Anahata chakra does not ask questions whether God exists or not. This person knows God from his or her own experience. After we have been granted an experience of unity, we become interested in contributing to the harmonious work of the whole civilisation; we do not wish for the race to be destructive because we have a desire to aid in the Universal harmonious progression.

In the process of the opening and developing of the Anahata chakra, a person undergoes intensive maturation tests, as it is only a mature individual who can safely handle energies conveyed by this chakra. It is desirable to concentrate on this process and associated spiritual practices with a full dedication, so a lot of costly mistakes caused by dilettantism or laziness can be avoided. As soon as they proclaim themselves to be the teachers, many partially spiritually developed people, promptly find themselves in a lot of chaotic and destructive situations with their students. Very well known cases of sexual exploitation of students, who usually become very attracted to the higher energies of their guru, are just examples of many problems, which can be caused by the totally undeveloped or partially developed teachers. These people, often quite charismatic, who sexually exploit their students, cannot distinguish between ordinary sexual love and unconditional Cosmic love. They may have a feeling of love for all students, if their Anahata chakra is working, but that does not mean that they should have sex with them all! This is a very serious issue, which must be understood if anyone wishes to be of use to the Cosmic energies working through us here on Earth. The teacher's life must be a life of devotion to Cosmic causes and not to his/her sexual instincts. We can have one partner, we can have a family or be single, but we do not waste our creative energies on endless intimate relationships. Such a behaviour clearly indicates a lack of spiritual maturity and a lack of awareness about the unbridled tendencies of the personal ego to strive for sexual gratification.

The advent of a well functioning Anahata chakra is a tremendous achievement in the life of anyone travelling on the path of spiritual development. We become free of selfish considerations, which previously were constantly nagging in our minds and were making our life chaotic, as we were drawn in many different directions by various aspects of our ego. Now, we actually can feel at peace with the world and with ourselves. There is no or very little interference from the personal ego. It has been conquered, at least in its gross form. Subtle comebacks of the ego are part of the total experience, so we must never relinquish our watch over the internal tendencies of the personal ego.

The perception of the world has changed and many complex questions are given the answers, previously not forthcoming. Often these answers are very, very simple – so simple, that many ordinary people cannot accept them; to them these answers are simplistic, or too good to be true – *‘there is no simple answers for our complicated world!’* What these people do not realise is that the world of complications is created by our egos. The spiritual world and spiritual laws of the Universe are simple – our humanly interpretations are complicated and confused. This is why people, who have not conquered their basic instinctual drives and do not understand the fact that they need to radically refine their psychological energies, find it very difficult or even impossible to find peaceful solutions to the world's problems of inequalities and violence. And this is why in order to prevent this civilisation from destroying itself, we need to educate and give examples to people so they can themselves become **enlightened, compassionate and**

loving citizens of this world. Unless the unenlightened are shown what can be done, they will never know it themselves. At this present moment, the majority of people on Earth have no capacity to invent peaceful solutions for their lives; hence we continue to live in a great danger of annihilation of this civilisation.

With the Anahata chakra functioning well, on a personal level we experience peace and contentment with life, and we know for sure that everything progresses as it should, because it is a part of a divinely intended process. The enhancement of our perception tools makes us appreciate beauty more fully than ever before, as we keep seeing patterns and harmonies around us; landscapes and natural world become very enticing, because we appreciate the richness of colour and the peace they convey. We become attracted to gentle, classical or relaxing music – music of higher harmonies; we create peaceful atmosphere in our surroundings. We become well grounded and quietly confident about the value of our lives and the role we were accorded to play here in this dimension.

VISHUDDHI CHAKRA

People with a fully developed Vishuddhi chakra are people on a mission. Their daily activities seem to be only incidental to an overwhelming feeling of the importance of achieving their apportioned goal in life. Compared with the ordinary citizens, they are the higher beings here on Earth, as there is not one but three chasms that had to be overcome between the well functioning Swadhisthana and Vishuddhi chakras. When passing over every chasm in the progressive chakra developments, a person becomes someone operating on a higher level of being, someone understanding more, someone capable of identifying with a wider range of human qualities and responses. Every additional chasm passed over allows for an emergence of a more integrated, more mature and more capable person.

Looking back on the history of humanity, we could say that people with a well functioning Vishuddhi chakra, were being sent to Earth to progress the human race toward the higher levels of development, be it in fine arts, language, technology or spiritual development. Most often they were ahead of their times, seen by others as geniuses in their fields. And we know from history what important contribution to the human development was made by Pythagoras, Socrates, Leonardo da Vinci, Copernicus, Isaac Newton, William Shakespeare (for the English speaking world), J.S. Bach, Mary Baker Eddy, Albert Einstein, Mahatma Ghandi, Sri Aurobindo and many others. The importance of their teachings, inventions or ways of conduct (as for example shown by Mahatma Ghandi) in combating the ignorance of humanity cannot be overestimated. Today we are a civilisation created or shaped by these people. They are the heroes, the role models, and we should always remember and acknowledge that.

Energies driving a person with a well developed Vishuddhi chakra are very subtle but potent. It requires a lot of personal strength to devote one's life to a new cause or development, often not understood and criticised by the people around. As history shows, people like that were often persecuted for their unorthodox thinking, or even burnt at stakes during the inquisition times. The geniuses of humanity had to have the Anahata chakra developed to be in a position of understanding weaknesses of the race and nevertheless continuing their quest, whatever area of endeavour they were involved in. And they knew, that their work could only be appreciated by a very few contemporaries. People like that had a higher understanding and love for the fledgling humanity and had the capacity to persist in their work even when they were met with a lack of understanding and even hostility. They knew that an average person was in no position to understand and appreciate their assignment, but nevertheless they continued their work.

At this level of development, at the Vishuddhi chakra level, people are in a position of fully comprehending the importance of the contribution to society they are making. These people were and continue to be the agents of change. They were not born to comply and accept what has been accepted by everyone already; they know of better, more innovative ways of living and conducting business in a society. And if they are truly connected with the energies of the Divine, they will lead the society forward, towards more spiritually developed ways of living. These people are the pioneers and the role models for the leaders of tomorrow. The leaders of tomorrow will understand the rationale and essence of thinking of those pioneers, and they will be following in their footsteps.

AJNA CHAKRA

The ability to know what is in the heart and mind of another at a first meeting is the privilege of a person with a very well developed Ajna chakra. The 'third eye' becomes active and it performs its function more or less automatically. It is very convenient to know immediately that the new person we are meeting is our spiritual brother or sister. Recognition is often two-sided and provides people with instantaneous connection, leading potentially to further contacts and a fruitful relationship.

Ordinary people do not pay attention or do not wish to recognise the feelings and certain mental associations, which couldn't have been informed by factual foreknowledge, and which are reported by those who welcome such unexplained phenomena in their lives. Increasingly more people claim that they have had or acquired new psychic abilities. And it is an established fact that the human race, as a whole, is becoming more sensitive to subtler cosmic currents. Apart from those people whose psyches have become strongly crystallised and who have been operating mainly in a rational way of thinking, there is a certain number of

people who can legitimately claim to possess psychic abilities to foreknow the run of events, or to meeting people whom they knew only from their visions. We could say that these are the beginnings of the way of becoming a prophet.

There is however, a significant difference between a person with the awakened psychic abilities and someone who has the Ajna chakra functioning very well. The psychic abilities can manifest in average people, those who have only three lowest chakras functioning reasonably well. The psychic promptings, if recognised, appear to come and go randomly; the person has no control of the situation. Sometimes the psychic feelings are such that they cannot be really described and interpreted. In many cases, the psychic abilities become a nuisance and are unwelcomed by the recipient. Additionally, for those people at a lower level of spiritual development, the possession of psychic abilities can lead to a spiritual degradation, as such people generally have no idea that their usage of information provided by the psychic abilities is not appropriate in most cases, for example when used for egoistic purposes. These psychic people, usually only partially conscious of the life's difficult ways and the never ending testing by the higher spiritual intelligences, fail those tests miserably. So, it would, indeed, be better for the psychic people never to act on those subtle promptings, with the exception of those who work under the guidance of an experienced guru.

A person with all six chakras well developed is in a state of continuing communication with the spiritual reality. The person sees the light or darkness in other people, and understands their behaviour in various situations to the point of having the feelings of witnessing the obvious. Such a highly developed individual, however, does not use his or her abilities frivolously; he or she knows instantly how to use the insight provided by the third eye according to the spiritual tasks appointed to him or her. And warranted by the high state of spiritual development of such a person, this information will be used for the benefit of another or other people in general, according to the spiritual direction of the flow of events.

A well working Ajna chakra allows for the recognition of highly developed spiritual personages and even seeing their Light bodies. Such knowledge, however, is accorded only to the very few—to those, who are destined to play an important role in the coming up events, which will impact on the life of all humanity.

SAHASRARA CHAKRA

'To You my Dear Father I offer my services' – this is a humble exclamation of the servant of God. And God will provide His servant with foreknowledge, understanding and instructions of how to lead the faithful to the desired destiny. The humble servant of God is always aware of Father's will and knows that this indomitable will always prevail. His or her whole task is to be perfectly attuned to

spiritual promptings of the Father, as s/he leads a portion of humanity towards a new spiritual destiny.

Throughout his or her spiritual journey, the practitioner experienced various levels of spiritual realities; he felt deep and unconditional love for people as he **knows** that God loves him in that way, as well as God loves all people and all creation in that way. It was this two-way flow of Love that convinced her of God's Love. Unconditional love is this attracting energy that creates the link between God and His creation; we are eternally loved and attracted by God. This deep, pulsating Love we feel, is the proof of connection with and our recognition of the Creator, our Father.

In the state of submission to the Father's will we find higher faculties of perception such as subtle spiritual thinking, subtle spiritual feeling and intuition, working very well and allowing us to walk the path of truth. In that state it is impossible for an enlightened individual to make simple moral mistakes or have a lot of ethical dilemmas. The path of truth is actually quite simple. The trust in God is complete. Even the adverse situations are taken as challenges rather than 'punishments'.

The firing of Sahasrara chakra completes the whole process of spiritual journey of a human person destined to attain the enlightenment. Such a person can be named a 'human being' in the full sense of this expression. In this state a person attained a full spiritual maturity accorded to a representative of the human race. At this point of development an enlightened person is completely transformed and his or her psychology is very much different from their psychology at the beginning, when they had just embarked on their spiritual journey. They have become seriously mature people, people who understand the risks and responsibilities of their status. They do not overly enjoy their positions, as this is the domain of the ego, but simply live their lives and accept what comes with equanimity. They know that they have an important role to play here.

We see an integrated person, a person who 'knows herself' as she has visited deeply hidden dark places of her psyche and understands the human race in its natural condition. She or he knows his place in the world; he is a person who is totally focused on the task at hand and avoids distractions. An enlightened person is devoid of common faults and is not available for frivolous occasions and wastage of time. They may be seen as avoiding certain types of social gatherings, at the same time appearing unexpectedly in other situations. Their ways may be puzzling to others, but let us remember that they respond primarily to one call and one call only—the Father's call.

OUR COLLECTIVE FUTURE

As we approach a new era in humanity's development, we need to understand that the current chaos in the human affairs is the storm before the calm, which awaits us if we chose the right way forward. This chaos is a result of the pulling powers of the tides of future, which remove us in an accelerated manner from the thinking structures, values and ideals of the past toward the new future thinking paradigms of humanity. All those people, who are not ready for a change, will unfortunately be only witnessing events not comprehensible to them.

It is very unfortunate that questions about God's will surface in times where there is little opportunity for a peaceful reflection and comprehension of the spiritual destiny for the humankind. Humanity has been given thousands of years to mature spiritually and come to an understanding of God's will for man. But this fact rarely has produced satisfactory results, despite the efforts of many incarnated Divine entities, their work and sacrifice for humanity. An average person today has no time for reflection on matters of this kind. The majority of mankind is continuing their daily fight for a simple physical survival. This is a current legacy of thousands of years of spiritual instruction going astray, which has been the result of influence of various destructive forces operating in the human sphere of life.

But as usual, in times of a renewal, where major spiritual upheavals and changes in the direction of humankind's development occur, a portion of humanity will transcend to a new level of understanding and societal functioning. This portion of humanity will be the seed for a new budding civilisation of the New Age of Unity. In the past decades there has been a lot misunderstanding of what the New Age is, and what will the future of humanity be like. The New Age, we need to remind ourselves again and again, is new in terms of the emergence of new human consciousness. Just practising yoga, meditation and meeting with friends who think like us, will not propel us to the New Age. Practice of yoga and meditation are the tools, which may help us in achieving a higher level of being. But we shouldn't think that because we are practicing, we have actually achieved this goal of the spiritual journey.

General humanity lives today at the level of two or three lower chakras operating reasonably well. The New Age is an age where the fourth chakra (Anahata) becomes operational in an average member of humanity. The fourth chakra is a chakra of unconditional love, of compassion for all sentient beings; it is a chakra of love and cooperation between all members of the society. Anahata chakra's vibrations were introduced to humanity by Jesus Christ. A genuine Christian love is love conveyed by the fourth chakra. The second coming of Christ is the Christ energy coming to the hearts of people who will be living in a civilisation of the New Age of Unity.

The New Age is not a 'new world order', where changes of leadership and economic manipulation are creating a new balance of power between the current collective of nations in the world. New Age is a spiritual transformation of human beings. It is slowly coming to the hearts of people, and these people will create a new peaceful civilisation on Earth.

POSTSCRIPT

Consciousness creates and *is* the fabric of the Universe. Many different levels of consciousness intermingle, complement and create a unified field, which only in a state of non-movement can be called a 'void', as it is done in the Buddhist tradition. Void in this particular approach is a lack of movement, lack of distraction of any kind; it is a peace permeating the mind of the observer. However, the fabric (or ground) of reality exists and is in an eternal movement and transformation. Similarly to the waters of an ocean, which can be calm or moving in various patterns, the fabric of reality, Consciousness of the Universe, is in a continuing movement.

Contrary to what our physical senses would suggest to us, we are living in a very dense Universe, the Universe packed with Light, which is the medium and the carrier of information. Light is information and conscious instruction(s) coming from the **source of intention** to create a certain result. This source of intention in the sphere of human functioning is man himself. However, in the higher spheres of Consciousness there are other entities, much more evolved than man, who are in a position to focus their intention on the fabric of reality and influence a certain desired outcome. The general process is the same for human beings and for higher entities; where a strong will persists in the mind of the perceiver of a desired outcome, this outcome will manifest and the entity will move Light through the fabric of reality.

The spiritual science would explain the above phenomena using the holographic model of the Universe developed in the second half of the twentieth century independently by two scientists: the physicist David Bohm at London University and a neurophysiologist Karl Pribram at Stanford University. The entire Universe consists of Consciousness in different forms of evolution and manifestation. The world is a 'very dense cocoon', as it were, of conscious energy. Every movement in this dense cocoon of energy leaves a trace in the Light in a physical and a mathematical form. This, in turn, creates a complex hologram image of the entire Consciousness field. And although the physical interactions of streams of conscious energy change and intertwine all the time, the mathematical record in Light of every past movement, of every possible future intermingling and criss-crossing of these interactions, is available to those Conscious Entities who have

developed the subtle perception tools and are able to read these mathematical imprints in Light⁴, and who also have the Divine abilities to investigate and predict future developments.

In the evolving Universe, man can achieve a level of being of a spiritual creator. He, unlike the species in the animal kingdom, has been endowed with certain perception tools, which when developed correctly, can lead him to the attainment of a status of Divine creator, the Conscious Citizen of the Cosmos and the Divine representative in this sphere of earthly life. The human divinity is achieved after a successful development and integration of all chakras, thus enabling the individual to have a direct access to and knowledge of the Cosmic Consciousness and the Divine intention for mankind. Such divinity in a human form often incarnates on Earth to guide humanity through very difficult times; he or she is showing the way out of confusion towards clear understanding and calm of human consciousness.

⁴ Our mind uses a certain portion of mathematical algorithms existing in Cosmic Mind. If we transcend the ordinary levels of development, our mind will be tapping into a larger portion of mathematical algorithms available in Light.

“The real voyage of discovery consist not in seeking new landscapes but in having new eyes”

Marcel Proust