

COMING TO THE PROCESS OF TRANSFORMATION

Revelation of the existence of a deep Cosmic reality is usually an act of God's Grace. It necessarily has to be received by grace, as in an ordinary state of being, a human person is not only unaware of the existence of this reality, but he or she is also not capable of experiencing it unaided. In order to experience the deeper reality one needs to become refined in senses and perception abilities, as well as having all the suitable perception tools (right comprehension, subtle emotions and intuition) working at least partially. The experience of a deep Cosmic reality is a holistic experience—it is an experience of ALL reality. This experience is a very powerful factor motivating a person to continue the search for a greater meaning of life, the rarefication of his or her perception tools, a personal transcendence along the lines of spiritual development, the increasing understanding of spiritual reality, and conscious unification (this time not only by grace, but predominantly by personal efforts) with the Divine Universal Being.

The transcendence of a common human condition to the condition of unity with the Universe is a gradual process of unveiling hidden treasures of knowledge by people who are mature and strong enough to comprehend the significance of it. At a certain level of understanding we come to know that we have been born to do exactly that, to leave the conditioned state of being and to become that which we can potentially be. We come to the understanding that there is no other more important thing for us to do here, in the physical dimension. Leaving the conditioned state of being behind can give us a status of conscious citizens of the world and the Cosmos and the potential benefactors of humanity.

Coming across a possibility of the opening of a new door to the understanding of reality would usually make us very happy. After some years of search for a goal, often not even precisely defined, we finally come to know at an intuitive level that this is exactly what we want to do now. We became ripe and ready for a greater challenge than life's average grudge, and interestingly, we realise now that we have always been fascinated by matters outside normal boundaries of knowledge, knowing deep down that there must be more to life than what has presented itself so far. Emotionally, we become very happy and relieved that the long search in a jungle of possibilities is over; at last we have been shown the path. Such happiness should be seen as a guiding force of attraction toward a worthy goal. From this time onwards, a feeling of happiness will become a guiding sign on our way. And the intellectual rewards will be there as well, as comprehension of the expanse of Universal knowledge, which will gradually become available to our understanding, is immensely satisfying, especially when we realise that there is no end to the growth in 'knowing'.

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Such are the God's gifts for those who are worthy of understanding and appreciating them. These gifts exist and have existed from time immemorial, but it is us who need to comprehend their presence. In other words, we must find ourselves in a certain precise state of heart and mind, to be capable of grasping and correctly interpreting this generosity of God. Consequently, we come to an understanding of a new picture of reality and look directly for the ways of increasing our knowledge of the world, not only in breadth, but most importantly, in depth, or as in the expression we hear these days so often: we start cultivating our vertical growth or spiritual development.

At this point in our life we have become ready for an oral transmission of the sacred knowledge. It may happen that we have had a very dear friend, who now reveals himself (herself) as our teacher. Perhaps a spiritual Master or spiritual teaching will suddenly appear in our life. This new revelation may come from a new acquaintance, someone we love and cherish, someone who can share his or her knowledge and gifts with us. We may also turn to meditation and self-development groups, relaxation centres, etc., which in one way or another have connections with people who 'know' and can share their knowledge for the benefit of those who are ready.

There exist today a large number of old and new legitimate systems, which have spiritual mandates to assist individuals in the transcendence process. In the past, knowledge in the systems like that was carefully guarded and considered arcane or esoteric. Today we experience quite a proliferation of new systems, which in reality are just the result of an accelerated multiplication of the originally existing sources. No one by himself or herself can 'invent' a new mystical tradition, without the keys given to them by those persons, who were chosen to continue the ancient tradition. So, even in a new version, mind framework or cultural setting, any so-called new tradition is derived from an old original tradition and source. We can tell if a new system is legitimate by the alignment of its essence with the essence of all ancient spiritual teaching on Earth. For those teachers who have achieved unification with the universal source, it is quite easy to discern a good 'apple' from a bad one.

The traditional sources of mystical teachings regarding human transcendence processes are the mystical Christian teachings, Gnostic teachings, Sufi (mystical Islamic) teachings, Jewish Kabbalah, various Buddhist and Hindu traditions, original forms of the Order of Rosicrucians and original Freemasonic teachings. Many of the groups existing today around the world under the banner of ancient academies have, however, degenerated to such a degree, that not only have they become useless and ceased producing the desired transformation in people, but, in a spiritual sense, became quite harmful.

Other groups formed in the last decades of the nineteenth century and in the twentieth century such as the Theosophical Society, Anthropological Society, Jung Society, and so on, have been also pursuing human development of

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conscious thought with varying levels of success. Their usefulness to the success of a future collective rise in consciousness though should not be underestimated. We have also seen an emergence of new groups formed by individuals who have become enlightened in the last decades. These enlightened individuals themselves started their personal training with legitimate groups of ancient origin, and have already attained unification with the Cosmic Being. They provide support for people who trust in them, and in most cases they will lead their students to the achievement of their spiritual potential. It can safely be said that there are hubs of authentic spiritual teaching in almost all countries in the world. Genuine spiritual knowledge is available to anyone wanting to pursue a path of transcendence and spiritual development today.