

CONDITIONAL AND UNCONDITIONAL LOVE

A great majority of people know love which is conditional. What people call 'love' is an attraction, projection of dreams and desires, which may be conscious or unconscious. Many people mistake sexual attraction for love. Sexual attraction ceases to exist as soon as instinctual needs have been temporarily satisfied. Sexual attraction gets exhausted resulting even in a sense of repulsion, because in a very real sense both partners gave something of themselves to the other and may feel weakened by the sexual act. Nevertheless, this act is bound to be repeated again and again, because people are not in control of their instinctual needs. Conditional love lasts as long as we continue to desire that which we look for, or admire in the other; very often its duration is quite short, especially, when people notice and experience some other, undesired features of their lover.

It is very useful to understand the type of attraction we are under in the current conditional love 'spell'. It is safe to assume that it is probably one of those innumerable longings we have that is causing the attraction. In all such cases, people want others to make them happy, others to supply the dreamt of features. A person may spend an entire life looking for the ideal, changing projections from one person to another, with no success and never coming to the realisation that the only possible long lasting love is Unconditional Love.

Unconditional Love is a state of perfect union. It is a state of being. Love is the energy that holds the world together. We are surrounded by Love energy. If we do not understand this and do not feel this, it is because we have not attuned to this fine level of energy; we have not developed enough sensitivity in our bodies and in our awareness to sense and accept this exceptional gift of Love. Looking for a perfect love partner, is justifiable only because as human beings we are bound to long for a perfect union by Cosmic design. Our quest for perfection, for Love and for higher spiritual understanding of the world is part of the Divine intention for the evolution of humankind. A perfect union with another person can only be achieved by two people who happen to be at similar levels of spiritual development and being. In a case of a genuine Unconditional Love union, there is a feeling of continuing delight and attraction towards the partner. In true and deep Love there exist sexual attraction, which combined with the state of being in perfect union allows for the deepest fulfilment accorded to man.

Unconditional Love does not come to us by accident. This state of being can only be earned through a hard and dedicated work. The aim of this work is to change one's state of being to a higher one—the state, in which alone we are capable of experiencing and maintaining this experience of Unconditional Love. The quest for the attainment of the state of Unconditional Love brings many questions of emotional, mental and spiritual nature. Arriving at such a permanent state of Unconditional Love can only come with much enlarged understanding and responsibilities. An unprepared person, who did not dispose of egoistic desires, would understand such a state very narrowly, only in personal terms.

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The attainment of the Unconditional Love state of being brings with it an expanded range of recipients of that Love. In such a case, we do not expect other people to fulfil our desires – ***we give***. What we give also expands in range and is not only limited to a charity, or a personal intimate relationship. The radiating Love, which we allow to be transmitted through us, brings many gifts to those around us in the form of emotional, mental and spiritual healing and transformation.