

## **DIRECT KNOWLEDGE**

Who are we? Why are we here? What are we to do? These are the questions some people ask; there are also many other people living on the planet today, who do not ask such questions. Why is it that some people are very interested in such existential issues, and others are not interested or do not expect to find any answers, even if they were trying to search for them. And why is it that some people find those answers and others cannot and will not?

It all depends on how our minds work, what is the framework of our thinking and whether we live in conditions conducive to spending some time on reflection and search for answers to such questions or we live in difficult physical conditions and the main concern we have every day is to how to feed the children or where to find money to buy medicine for the ill. In such circumstances we will not be looking for answers to existential questions; we will be just too busy trying to survive from day to day. On our planet there also live people in well-to-do societies, people who have enough financial resources to lead a comfortable life, to secure education for their children and to enjoy the comforts of a luxurious way of living. Yet, in most cases, these people seem to be so busy participating in all life's attractions that they, too, are nowhere near to asking deep existential questions. Material life can be very attractive, distracting, and addictive to the point that no other priorities have any chance of entering people's minds.

Churches of various faiths admonish people not to do evil acts. Besides the original upbringing at home, the religious teachings appear to be the most significant voice in our civilisation to uphold spiritual values passed on by the various religious figures in the past. Churches call on people not to listen to certain suggestions coming to us through the medium of our minds; we are to be in a position to choose the right behaviour and overcome the temptations to do the wrong things. The question is: who can and who cannot overcome temptations we are exposed to through the medium of our minds?

We are what our minds are; we live life directed mainly by the workings of our minds. So let us be clear about it. Let us understand that our decisions are actually the decisions of our minds, that while identifying entirely with the workings our minds we go through life under the false impression that it is us who make life's decisions. This is a general condition of humanity. Some people, who have a better understanding of themselves and can stand back and observe their minds' work, are in a position to detect temptations, doubts, criticisms, negativity—all brought by their minds as a matter of automatic reactions rather than a genuine need in any given situation. And such people have an advantage of

realising how simplistic, automatic, crude and not adequate the ordinary mind's messages can be.

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Thinking and intelligence are our endowments and connection with God. The earthly concept of connection, however, needs to be modified here, because everywhere we refer to God, we touch upon a dimension of infinity. Simple materialistic, four dimensional (time-space) understanding cannot be applied to the infinite; we need to treat the divine dimension as plasma or a flexible medium of never ending continuity and not as a sum total of finite elements. Therefore, the connection with God is not a linear connection as, for example, a connection between two objects in the material dimension.

God, as such, can be thought of as a source of conscious energy and a conscious, creative energy field Himself/Herself. Within this field of conscious energy there exist God's creations, which are made of this same conscious energy (in God's image), differing only in its quality (level of being). However, because God's conscious energy is a never broken continuum, the relationship between God and Her creatures is really the internal relationship within God. We can never, therefore, find ourselves outside of God and think of Him as an object or entity external to us.

The realisation of this internal relationship within God is one of the most important realisations in the progressive understanding of the Universe and our Creator. There needs to be a very fine perception apparatus developed before a person can recognise that he or she lives in God's bosom. The difficulty lies here not only in the fact that such considerations are commensurate with the finest calibre of existential, philosophical and theological thinking, but also in the ability of the thinker to transcend himself and become aware of the continuity of creation and at the same time of distinctions existing in the midst of this continuity.

A fish swimming in the ocean is not aware that it is living in water. We cannot expect fish to consider scientific facts of its life's environment; its thinking apparatus is not there to comprehend such issues. The same can be said about humanity's comprehension of the deep spiritual reality. We live in God, and we are made of the same stuff as God (varying only in quality). However, while living in an average state of consciousness, people have no perception tools to comprehend this fact. Only those spiritual practitioners, whose perception tools have been radically refined, can receive satisfactory answers to existential and religious questions.

God is Consciousness. We identify various aspects of Consciousness as knowledge, intelligence, mind (an active intelligent agent), emotions such as love or hatred, spiritual values we aspire to (like justice and goodness), and even as manifestation of the material world. Existing in a mode of a never ending process

of transformation, Consciousness undergoes continuing evolution and involution, waxing and waning, as demonstrated by ripples on the surface of the pond. God is Life. Life is a manifestation of God's intelligent design; it is made of living conscious elements, which carry the cycles of functions necessary to maintain themselves continually throughout the eternity. When one realises this, it is possible to experience oneself in connection with God. It is possible to comprehend our existence as a living and throbbing relationship with and within God, which is laden with intelligence and knowledge, and is bound with Love energy (the attracting agent, which keeps the Universe together as one entity).

The conscious processes tending toward the centre of the Universe are on the evolutionary arc; those processes leading from the centre are on the involutionary arc. We, as human beings, have a position on the evolutionary arc of Consciousness. There are higher conscious beings in the Universe and humanity is destined to evolve to those higher levels of being. That is not to say, that if a part of humanity continually refuses to direct itself toward the centre of the Universe that it will, by default, be lifted there. Every spark of consciousness in the Universe is an independent (to a certain degree) package of energy, which possesses a certain degree of free choice. If this spark refuses to liberate itself from impurities and influences of the lower level consciousness, in other words, if this spark does not comprehend the significance and intentions of the intelligent design of the Cosmos, it will remain in its lower energy pool.

The realisation of the Universal attracting agent, Love, as felt by the activated human heart chakra, is the first necessary achievement for a human being to have any chance of continuing on the evolutionary arc. This achievement can be made by a mature and loving individual; it is not possible for emotionally needy or egoistically driven person to have the heart chakra activated. Here we see spiritual science at work. The quality of the heart chakra vibrations is pure and these vibrations are on a much higher frequency level than the vibrations of any egoistic desire. So, unless a person forgoes all egoistic desires, and lifts himself/herself above the level of the ego, the heart chakra cannot be fully activated, because its energies will always be suppressed by the lower and denser energies of the ego based in lower chakras. But once the person's psyche is cleaned, the energies of the heart chakra can be received and understood correctly, and that person can establish himself/herself firmly on the arc of evolution toward the centre of the Universe. Their consciousness will become enlightened and it will be guided and protected by the powerful energies of unconditional Love, the attracting agent, who leads conscious entities towards the Creator.

The cleansing of the lower level consciousness from one's system and the preparations for the advent of the heart chakra awakening can happen when a person acknowledges the spiritual significance of her life and makes a conscious decision to participate in the process of spiritual development. The spiritual practitioner knows why he has chosen particular practices and he knows that the

liberation from the lower level of understanding awaits him at the conclusion of the chosen path. Unfortunately, according to the same spiritual science, those people who are not aware of these concepts and the existing spiritual practices, will either remain at the same level of consciousness evolution or will fall into an involution processes. If they remain on the same level of consciousness, they will be born again into a life on a similar level as the previous one to further accomplish their spiritual maturation; in other words: they will remain on a karmic wheel. Consciousness of those people who knowingly perpetrated acts of defiance of spiritual principles will be directed backwards in the evolutionary process, where it can be cleansed by harsher life's experiences.

Designated future for people, if they are to remain on the evolutionary arc of God's Universe, is to gather in Consciousness. Gathering in Consciousness means becoming more mature, responsible and loving person, a person, who can aid the Creation through her attitudes, through her work in unison with other people and in line with the Creator's plans for humanity.

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How do we know what is the Creator's plan for humanity? Apart from the popular knowledge available to everyone, there exists a hidden wisdom accessible only to those who have been suitably prepared to receive such a treasure—this is the fountain of knowledge accessible to mystics (people who are the exponents of spiritual contemplative traditions) and other highly spiritually developed persons. To find oneself in such a category one needs to operate at a heart chakra or a higher chakra level, and one needs to be devoted to higher goals than just personal gain and pleasures. The existence of altruistic people, although rare, is not just an accident of Nature. They have lived in the past and they are living here today to provide services for humanity, to advance this civilisation and to provide role models for people. These people operate on a heart or higher chakra level and have a direct knowledge of the Creator's plans for humanity. They receive those ideas from the higher dimension of the mind. With their help humanity can progress in the right evolutionary direction.

Anyone operating at or beyond the heart chakra level is closely attuned to the unconditional Love vibrations and the higher levels of knowledge which come with those vibrations. People who operate at an ordinary level (current general level of humanity) have no knowledge of the existence of these higher levels. Obviously what they know appears to them as all the knowledge there is; they have no perception tools tuned into higher levels of knowledge existing in the Universe. So, university lecturers, highly educated scientists, doctors, economists and all those people who consider themselves as belonging to the higher echelons of humanity may think that what they know is just about everything there is to know. What they do not know is, that besides knowledge acquired through humanly created institutions, such as schools, universities, libraries, life

experiences and so on, there exist a field of Cosmic knowledge available to those people whose perception tools have become more refined than those they themselves currently possess.

Our civilisation has been and continually is being graced and upgraded by the presence of personages 'larger than life', talented people, people who can and do contribute to the intellectual, artistic, technological, social and spiritual progress of humanity. Let us think of Hildegard von Bingen, Isaac Newton, Leonardo da Vinci, Johann Sebastian Bach, Amadeus Mozart, Mary Baker Eddy, Albert Einstein, Carl Jung, Mahatma Ghandi, Paramahansa Yoganada and many others; they have been and continue to be the role models for humanity. People of this calibre work in positions of recipients of direct knowledge from the Cosmos, because they are in a possession of finely tuned reception tools to hear, see or imagine, and consequently to know what is conveyed to them or what is a spiritually accepted solution to the problems they are trying to solve (this includes a reception of heavenly music as in case of Mozart and Bach). These people are driven by internal compulsions to work on problems they can potentially solve; often they are completely devoted to their work, and, more often than not, most of their contemporaries do not recognise the importance of their work during their lifetime here.